This study guide is designed for use with The Developing Person Through the Life Span, Sixth Edition, by Kathleen Stassen Berger. It is intended to help students evaluate their understanding of that material, and to review any problem areas. [Sections such as] 'How to Manage Your Time Efficiently,' 'Study more effectively,' and 'Think Critically' provide detailed instructions on how to use the textbook. Each chapter includes a Chapter Overview, a set of Guided Study questions, a Chapter Review section, and three review tests.”

In music, while coaching groups of adults in ensemble settings and teaching them in the independent studio is a longstanding tradition, music therapists are currently exploring how various unique constructs play a role in music therapy. The author also addresses adult motivation, teacher attributes that facilitate learning, and specific strategies to engage adults at different psychosocial or developmental stages. Providing practitioners with both an understanding of how adults learn, and practical approaches that can be used immediately in various music settings, this book offers an essential guide for any instructor working with adult music students.

Connect with Lifespan Development and connect with success Informed and driven by research. At McGraw-Hill, we have spent thousands of hours with you and your students, working to understand the key needs and concerns you face in Human Development courses. The most common topics raised include managing the vast amount of content inherent to a Lifespan course and ensuring the dependability of the assigned material—is it current and accurate? The result of this research is John Santrock's Life-Span Development. Life-Span Development ensures students complete and understand the assigned material in a number of ways: Santrock's hallmark Learning Goals pedagogy provides a comprehensive roadmap to the text material, clearly pointing out the core concepts fundamental to students' learning and performance. Our adaptive study tool, LearnSmart, increases students' efficiency in studying by identifying what they know, and more importantly what they don't know, providing immediate remediation for the areas in which they are struggling. At the same time, instructors have access to powerful, visual reports allowing them to quickly see where students' strengths and weaknesses lie. Connect is the only integrated learning system that empowers students by continuously adapting to deliver precisely what they need, when they need it, and how they need it, so that your class time is more engaging and effective. The 14th edition continues with the connections theme to help students better understand the concepts among the different aspects of life-span development. This recurring theme of connections—Developmental Connections, Topical Connections, Connecting Development to Life, Connecting with Careers, and Connections through Research—ties together concepts from across chapters to reinforce the learning process and connects the material to students’ everyday lives and future aspirations. Our Milestones of Development video series helps bring the course material to life, allowing students to witness development as it unfolds. And of course, all of the text material is informed by Life-Span Development's unique board of expert consultants—a who's who of developmental psychology—who make sure the material is as accurate and up-to-date as possible.

When a local context really makes the difference... The new edition of this original Australian text continues to offer the most balanced coverage of theory and research for Australian students and educators and appeals to students from many backgrounds. It covers the domains of development including neurological, cognitive, social, physical, and personality. The text is organised chronologically across chapter. Within each chapter content is organised topically. This structure allows for a degree of flexibility and lecturers can choose the way they wish to approach the content, whether it is topically or chronologically.

Life-Span Developmental Psychology: Normative Life Crises is a compilation of papers that deals with various points of view between the academic perspective — studies in developmental psychology and applied perspective — and the practical efforts of social workers to help individual clients. Part I discusses normative life crises from the two perspectives that include human development theory in social work education. This part also includes an interdisciplinary approach covering developmental, social, psychological, economic, and psychological fields. Part II covers the normative life crises in individual development such as discussions on death, ego development, and a practioner's response on models of ego development. The book also discusses an abstract model versus an actual individual experience in dealing with crises, as well as the meanings of adaptation and survival during old age. Part III presents the normative life crises in the family circle covering topics such as parenthood, sex roles, depression, widowhood, and an example of situational stress. Part IV deals with the normative life crises and the social system, including socialization, life course, changing work cycles, and public policy on death. This book will prove valuable for psychologists, psychiatrists, sociologists, social workers, and behavioral scientists.

This volume offers a comprehensive and conceptually integrated overview of the changing biological, psychological, and social/environmental influences on health and illness from the prenatal period through infancy, childhood, adolescence, and adulthood. Based on the premise that protective and risk factors vary with life stage, several chapters examine the development of major biological systems and the changing role of genetics and environment over time. In addition, they provide information on environmental influences during the prenatal period and early childhood, chronic illness in childhood, and health and health risks in adolescence. Chapters on adulthood give special emphasis to mid-life transitions in health, resiliency in later life, and the impact of caregiving on health. Final chapters focus on death and dying and an on an integrative model of health and illness across the life span.

This seventh edition comes with a significant revision of cognitive development through childhood, revised and updated chapters on adolescence, and more attention to emerging and early adulthood.

How have people sought to understand loss and bereavement? What are the current theoretical approaches to loss and bereavement? What are the implications of these approaches for interventions? This book aims to provide students with an understanding of important theoretical perspectives and specific models of adaptation to loss. It is assumed that loss and change are normal processes which occur within a social and cultural context, and the reader is introduced to historical and cultural perspectives which help to interpret the data. With an expansion of theories to loss. Major theoretical perspectives are explored to enable students to understand their origins and influence. The authors go on to review the development of common models used to conceptualise individual reactions to loss and provide a critique of these models, highlighting the assumptions that underpin them. Finally, they discuss how these conceptual models have actually been used in clinical and community interventions. This is a comprehensive text describing the variety of approaches available to understand the process of loss and bereavement.

This thorough revision of the highly successful first edition of Life-Span Development offers the reader a wide-ranging account of human development throughout the lifespan. The lifespan approach emphasises that development does not stop when we cease to be adolescents but goes on throughout adulthood and into old age. In initial chapters Leonie Sugarman outlines the issues surrounding the notion of development and how it can be studied, including reviews of the work of key theorists Erikson, Levinson and Gould. She goes on to consider the different ways in which the life course can be conceived: as a series of age-related stages; as a cumulative sequence; as a series of developmental tasks; as a series of key life events and transitions or as a narrative construction which creates a sense of dynamic continuity. A final chapter looks at how people cope, the resources that are available and the theoretical and practical issues regarding interventions to assist them in the process. New to this edition is increased coverage of the topical issue of successful ageing and a new chapter on the increasingly popular narrative approach to lifespan development. This edition is also more student-friendly with exercises in self-reflection that encourage the reader to look at the development of their own lives or those of their current or future clients. Boxed material highlighting major theories and clarifications is also included. This book will be invaluable for students of developmental and occupational psychology and professionals in the fields of health management, education and social work.

This package contains the following components: -0205748597: Exploring Lifespan Development -0205690335: MyVirtualChild -- Standalone Access Card
that takes the teaching and learning of human development to a new level.

Recipient of the 2017 Most Promising New Textbook Award from the Textbook & Academic Authors Association (TAA). Chronologically organized, Lifespan Development: Lives in Context offers a unique perspective on the field by focusing on the importance of context—examining how the places, sociocultural environments, and ways in which we are raised influence who we become and how we grow and change. Author Tara L. Kuther integrates cutting-edge and classic research throughout the text to present a unified story of developmental science and its applications to everyday life. Robust pedagogy, student-friendly writing, and an inviting design enhance this exciting and inclusive exploration of the ways in which context informs our understanding of the lifespan.

This is the only text to examine the experience of disability in relation to theories of human growth and development. It provides a foundational and comprehensive examination of disability that encompasses the intellectual, psychiatric, physical, and social arenas. The second edition is updated to underscore its versatility as an introductory text about the developmental tasks of people with disabilities for all the helping professions. Reorganized to illuminate the book's interdisciplinary focus, it includes new demographics, new case studies and first-person accounts, discussions on cultural aspects of disabilities, family concerns, and more. The text delivers practice guidelines for each of the conventional life stages and describes the developmental tasks of individuals with disabilities (IWDs). It emphasizes the positive trend in the perception of IWDs as normal and underscores the fact that the IWDs have the same motivations, emotions, and goals as those without disabilities. Learning activities, suggestions for writing exercises, and websites for further study reinforce learning, as do graphs and charts illustrating trends and demographics. NEW TO THE SECOND EDITION: Introductory chapter on understanding disability Demographic updates throughout New case studies and first-person accounts Expanded discussions about cultural considerations, intersectionality, and family considerations Updated Instructor's Manual and an Instructor's Test Bank KEY FEATURES: Examines the personal and developmental human growth and development from the perspective of individuals with disabilities Integrates disability features with developmental theories and stages of the lifespan Addresses common ethical issues to illuminate the real-world implications faced by individuals with disabilities and their families Includes learning activities, suggestions for writing exercises, and websites for further study Purchase includes digital access for use on most mobile devices or computers.

Social Cognition brings together diverse and timely writings that highlight cutting-edge research and theories on the development of social cognition and social behavior across species and the life span. The volume is organized according to two central themes that address issues of continuity and change both in the phylogenetic and the ontogenetic level. First, the book addresses to what extent social cognitive abilities and behaviors are shared across species, versus abilities and capacities that are uniquely human. Second, it covers to what extent social cognitive abilities and behaviors are continuous across periods of development within and across the life span, versus their change with age. This volume offers a fresh perspective on social cognition and behavior, and shows the value of bringing together different disciplines to illuminate our understanding of the origins, mechanisms, functions, and development of the many capacities that have evolved to facilitate and regulate a wide variety of behaviors fine-tuned to group living.

Life Span Motor Development, Seventh Edition, uses the model of constraints in discussing reasons for changes in movement throughout the life span. It encourages students to examine how the interactions of the individual, environment, and task bring about changes in a person's movements.

Instructors - Electronic inspection copies are available or contact your local sales representative for an inspection copy of the print version. “If you think you know what positive psychology is, think again! This book offers a new integrative vision for making life better that takes in the body and the brain, culture and society, childhood and development A must read for students.” - Stephen Joseph, University of Nottingham "Captures the best of the positive psychology initiative, and most importantly, translates it to practice. The authors bring remarkable depth and breadth to the subject matter and do so in a way that is fresh, engaging, relevant, and unusually thoughtful.” - Carol Ryff, University of Wisconsin-Madison “If you want to understand what positive psychology really is, learn how it works in practice and discover its huge potential to transform our lives and our world then look no further than this superb book. I really can’t recommend it highly enough.” - Mark Williamson, Director of Action for Happiness This exciting new textbook, written by leading academics in the UK, is the very first authored title on applied positive psychology for university courses. Consisting of the latest cutting-edge theory and research in the subject and structured around a pioneering multidimensional model of wellbeing, this book will provide you with the knowledge and tools to apply positive psychology in many areas of life. These include interventions aimed at developing mental and physical functioning, for enhancing relationships and reshaping organisational structures. The book shows how these practices can be successfully deployed in diverse real-world contexts, from the classroom to the workplace. Key features include: Learning objectives set out at the start of each chapter Practice essay questions throughout and quizzes to test your knowledge at the end of each chapter Useful measurement tools and recommendations for research Summary boxes and suggested further reading and resources Case studies and 'Reflection' boxes that invite you to explore topics in greater depth and relate findings to your everyday life. This book will be essential reading for all students with an interest in or studying a course in applied positive psychology, and is strongly recommended to students taking a wider course in positive psychology and the psychology of happiness and wellbeing.

Known for its clear, straightforward writing, grounding in current research, and well-chosen visuals and examples, Sigelman and Rider's text combines a topical organization at the chapter level and a consistent chronological presentation within each chapter. Each chapter focuses on a domain of development and traces developmental trends and influences in that domain from infancy to old age. Each chapter also includes sections on infancy, childhood, adolescence, and adulthood. The blend of topical and chronological approaches helps students grasp key transformations that occur in each period of the life span. Other staples of the text are its emphasis on theories and their application to different aspects of development and its focus on the interplay of nature and nurture in development. This edition expands its examination of both biological bases of and sociocultural influences on life-span development. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Psychology has insights relevant to all majors, all people. As a hub science, it also provides foundational material for many other scientific disciplines. Cacioppo/Fireberg/Cacioppo's DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND, 4th edition, presents a cohesive understanding of the field, highlighting connections within psychology as well as between psychology and other disciplines. The fourth edition includes a new emphasis on social connectivity and loneliness, interpersonal relationships and empathy, while author Dr. Stephanie Cacioppo brings additional insight as a licensed clinician. Smart and engaging writing, illuminating visuals and sound science illustrate the depth, breadth and diversity of this exciting field. Up-to-date coverage offers insight into the latest research, while hands-on activities help you sharpen your critical thinking skills. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Life Span Human Development is about the development of human beings—from conception to death. It highlights similarities as well as differences in developmental stages, and it asks fundamental questions about why we humans develop as we do. Taking a unique integrated topical and chronological approach, each chapter focuses on a topic of human development—such as physical growth, cognition, and personality—or traces developmental trends and influences in that domain from infancy to old age. Premium online teaching and learning tools are available on the MindTap platform. Learn more about the online tools au.cengage.com/mindtap

EXPLORING Lifespan Development provides students with an efficient read of the most important theories, research findings, and applications in the field of lifespan development. Berk's clear, engaging writing, signature storytelling style, exceptional cross-cultural focus, rich examples, and long-standing commitment to presenting the most up-to-date scholarship, while also offering students research-based, practical implications that can relate to their personal and professional lives, remain the cornerstone of this essential text.


Personality Development across the Lifespan examines the development of personality characteristics from childhood, adolescence, emerging adulthood, adulthood, and old age. It provides a comprehensive overview of theoretical perspectives, methods, and empirical findings of personality and developmental psychology, also detailing insights on how individuals differ from each other, how they change during life, and how these changes relate to biological and environmental factors, including major life events, social relationships, and health. The book begins with chapters on personality development in different life phases before moving on to theoretical perspectives, the development of specific personality characteristics, and personality development in relation to different contexts, like close others, health, and culture. Final sections cover methods in research on the topic and the future directions of research in personality development. Introduces and reviews the most important personality characteristics Examines personality in relation to different contexts.
and how it is related to important life outcomes Discusses patterns and sources of personality development

Note: You are purchasing a standalone product; REVEL does not come packaged with this content. Students, if interested in purchasing this title with REVEL, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. Lifespan Development, 6e provides strong applications, and integrated learning objectives and assessment. Students who want to know "What does current research say?" and "Why is this important?" will appreciate both the applied nature of this text and the clarity and rigor of the authors' presentation of current research. An exceptional pedagogical package that ties the textbook to online REVEL study tools complements the student-centered approach of the book and offers students the benefit of frequent self-assessment.

Longtime Myers collaborator Richard Straub provides an updated study guide for the new edition.

The first of its kind, this manual presents educational approaches and processes which reflect feminist principles for teachers and leaders of courses and workshops in the psychology of women. Sample syllabi, outlines, references, lists of audio-visual material, organizations, discussion questions, and experiential exercises reflect the content areas typically covered in these courses: achievement, sexuality, health, adjustment, psychotherapy, communication, victimization, methodology, life-style choices, work, and development.

Janet Belsky is an innovative and accomplished teacher, an engaging and perceptive writer, as well as a practicing psychologist who has worked in many settings—from inner-city hospitals to nursing homes. Drawing on the sensibilities that have defined her professional life, Janet Belsky has produced an exploration of development across the lifespan unlike any other. Person-centered yet scientifically sound, practice-oriented yet rich in current and classic research, Belsky's Experiencing the Lifespan offers students an experience learning about life that they will take to heart. And at around just 550 pages, it is an experience that fits comfortably within a single term.

Providing a solid foundation in the normal development of functional movement, Functional Movement Development Across the Life Span, 3rd Edition helps you recognize and understand movement disorders and effectively manage patients with abnormal motor function. It begins with coverage of basic theory, motor development and motor control, and evaluation of function, then discusses the body systems contributing to functional movement, and defines functional movement outcomes in terms of age, vital functions, posture and balance, locomotion, prehension, and health and illness. This edition includes more clinical examples and applications, and updates data relating to typical performance on standardized tests of balance. Written by physical therapy experts Donna J. Cech and Suzanne "Tink" Martin, this book provides evidence-based information and tools you need to understand functional movement and manage patients' functional skills throughout the life span. Over 200 illustrations, tables, and special features clarify developmental concepts, address clinical implications, and summarize key points relating to clinical practice. A focus on evidence-based information covers development changes across the life span and how they impact function. A logical, easy-to-read format includes 15 chapters organized into three units covering basics, body systems, and age-related functional outcomes respectively. Expanded integration of ICF (International Classification of Function) aligns learning and critical thinking with current health care models. Additional clinical examples help you apply developmental information to clinical practice. Expanded content on assessment of function now includes discussion of participation level standardized assessments and assessments of quality-of-life scales. More concise information on the normal anatomy and physiology of each body system allows a sharper focus on development changes across the lifespan and how they impact function.

Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. Transforming the Workforce for Children Birth Through Age 8 explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.